

THE FRIDAY NOTES



ISSUED: April 28, 2017

UPCOMING LHTV REPORTERS: Charlie Neri, Nicolette Mangi (4CI)

SCHOOL STORE: Bella DeRisi, Ben Amoruso (5P)

LHTV MUSICIAN: Henry Dam (6O'D)

BUS CALLER: Sophia Witkon (6M), Nicholas LaCapra (6C)

WOW THEME: Making Our School A Caring Place Considerate

WEEKLY WORDS OF WISDOM: "A little consideration, a little thought for others, makes all the difference." *by A. A. Milne*

Monday 5/1	PTG Staff Luncheon
Tuesday 5/2	NY State Math Exams
Wednesday 5/3	NY State Math Exams Caribou Math 2:15PM
Thursday 5/4	NY State Math Exams
Friday 5/5	Parent Leaders Brunch NYSSMA Festival Levels 1-4 at LHS (Friday and Saturday)

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THE SPOTLIGHT



Little Apple Fun Run Awards Ceremony on LHTV - Thursday, April 27th

Thank you to Mrs. Henvey and Mrs. Amadori for making this event possible.

FROM THE SCHOOL

ARTISTS CORNER

Congratulations to our May Artists of the month: **Isabella Golia, Christiana Calvo, Devin Pellizzi, and Prem Gandhi**. Please look for art work as it will be coming home gradually. Please come down to the art hallway. All of the following work is on display: 3rd grade Painted Lions (a lesson in tints and shades); 5th grade Portraits (Inspired by Amadeo Modigliani); 4th grade Ceramic cake slices (Wayne Theibaud reproductions); 2nd grade Waterlilies (straight out of Claude Monet's garden).

SPECIAL RECOGNITIONS

Charlie Wood from Ms. Wetzel's class received Honorable Mention from the Huntington Youth Group writing contest and Emma Wood from Ms Rivera's class received a certificate for her Earth Day Poster. Congratulation to you both!

PROPER DRESS

Please remember that proper footwear is expected at all times. Flip-flops and other beach shoes must not be worn to school. I would also like to bring to your attention that SLIPPERS are not appropriate. Students are expected to wear shoes that are safe and conducive to walking around the building, as well as participating in physical education and recess activities. Thank you for your cooperation.

SPRING CONCERT

Our fifth and sixth grade spring concert is on Thursday May 25th at 7pm at the High School PAC. Concert attire is white shirt and black pants or skirts. No sneakers please.

DISMISSAL CHANGES MUST GO TO CLASSROOM TEACHERS

If a change is necessary, please review it with your child and send a note to the teacher in the morning. Please avoid contacting the office to make a change to your child's dismissal plan once the school day has begun as it causes a disruption to classes and impacts instructional time. We appreciate your cooperation.

SWITCHING BUSES FOR PLAYDATES

As a reminder, when setting up playdates, the maximum number of additional children riding the bus with your child is TWO. Our buses are full and we do not have the room to accommodate large numbers of playdates or parties. Thank you for your support.

FROM THE LHS/PTG

Grounds Committee

The PTG would like to thank Shalini Shetty for all her hard work as Grounds Committee Chair this year. Lloyd Harbor School always looks great because of your effort and time.

6th Grade Yearbook

This year's 6th grade yearbook is for sale online for **THREE DAYS ONLY!** The children will get their yearbook on **June 9th** (at the 6th grade breakfast). At that time, they will have a chance to write in each other's books. If you miss the **THREE DAY** window, you will have an opportunity to purchase with a check (for \$50.00 see below). If you want to order more than one book, please let yearbook committee know at bauries123@yahoo.com and place your order ASAP. ***The Lloyd Harbor yearbook is available for purchase online at <http://www.jostens.com/yearbook/schoolannual-yearbooks.html> Search on our school name or city to find the yearbook. The cost is \$40.00 online, and sales tax is collected at the site. The online site expires on Friday, April 28th at midnight.*** AFTER THE APRIL 28th DEADLINE, you may also purchase the yearbook with a check payable to LHSPTG for \$50.00. Have your child provide the check to their teacher in an envelope with Attn: Paris Pappas/Yearbook. The checks **MUST BE IN BY May 15th!** Thanks for your cooperation.

Little Apple Fun Run

Thank you to everyone who came out to join us for the 23rd annual Little Apple Fun Run! We hope you had as much fun as we did watching the children and their families run the one mile and 5k races together. Due to issues with the race company's computer, we decided to hold off on our ribbon ceremony on race day. This was disappointing to all, but out of our control. The results were presented to the winners on LHTV this past Thursday. Note the categories were age based and not grade based, 7-8 years, 9-10 years and 11-12 years. Thank you again to all who participated, donated and made the event a big success!

Lost and Found

Calling All Parents : Please label all your children valuables. If you are missing items, please check the lost and found located in the school cafeteria. Items that are not collected and not labeled will be donated the 1st Thursday of each month.

COLD SPRING HARBOR ELEMENTARY SCHOOLS

MAY 2017

**AVAILABLE DAILY: \$ 2.75
SERVED AS COMPLETE MEALS**

CHEESE SANDWICH
PIZZA SLICE
BAGEL W/YOGURT OR CHEESE
TOSSED SALAD BOWL
PEANUT BUTTER & JELLY

ALL SERVED WITH
MILK, JUICE
FRESH OR CUPPED FRUIT

**BREAKFAST AVAILABLE DAILY
8:30 - 8:45am \$1.75**

AVAILABLE DAILY - BAGELS AND CEREAL
INCLUDES MILK, JUICE AND FRUIT
BREAKFAST IS AN IMPORTANT START TO EVERY DAY



SERVED DAILY
MILK CHOICES: 8oz
WHITE SKIM or 1%,
FAT FREE CHOCOLATE
100% FRUIT JUICE - 4oz
APPLE OR ORANGE
FRESH FRUIT BOWL
CHILLED CUPPED FRUIT
BABY CARROTS DAILY
2 VEGETABLE CHOICES
FRESH GREEN SALAD
HUMMUS CUP
WHOLE GRAIN BREADS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

"CSH SPECIAL"
CHICKEN BREAST
WHOLE GRAIN BUN
LETTUCE & TOMATO
SWEET TOTS
SAUTEED ZUCCHINI
FRESH FRUIT
MILK CHOICE

2

SOUP & SANDWICH
GRILLED CHEESE
CHICKEN NOODLE
SOUP
VEGGIE STICKS
RED GRAPES
MILK CHOICE

3

LITTLE ITALY
RAVIOLI MARINARA
GARLIC BREAD
CAESAR SALAD
FRUIT COCKTAIL
MILK CHOICE

4

CHICKEN GRINDER
BBQ CHICKEN
MEATBALLS
FRESH GRAIN ROLL
MIXED VEGETABLES
SLICED PEARS
MILK CHOICE

5

**TACO SNACK
TRIANGLE (B)**
SALSA DIP
RICE AND BEANS
CINNAMON CHURRO
SLICED APPLES
MILK CHOICE
CINCO DE MAYO

8

CHICKEN TENDERS
ALL WHITE MEAT
SWEET FRIES
CAULIFLOWER
PARMESEAN
FRESH APPLES
MILK CHOICE

9

CHINESE TAKE OUT
WHOLE GRAIN
EGGROLL
VEGETABLE LO MEIN
DUCK SAUCE
FRESH ORANGES
MILK CHOICE

10

BRUNCH FOR LUNCH
WHOLE GRAIN
FRENCH TOAST STICKS
SAUSAGE LINKS(P)
SWEET TATER TOTS
APPLE SLICES
MILK CHOICE

11

**SWEET & SOUR
MEATBALLS(C)**
BROWN RICE
BROCCOLI FLORETS
PINEAPPLE CHUNKS
MILK CHOICE

12

PIZZA MANIA
SLICES, BAGELS
WEDGES
CAESAR SALAD
SWEET PEACHES
MILK CHOICE

15

CHICKEN NUGGETS
OVEN BAKED
BBQ DIPPING SAUCE
BROWN RICE
STEAMED BROCCOLI
RED GRAPES
MILK CHOICE

16

"CSH" BURGERS(B)
GRASS FED BEEF
LETTUCE & TOMATO
OVEN FRIES
PICKLE CHIPS
FRESH FRUIT BOWL
MILK CHOICE

17

FISH & CHIPS
FISH STICKS
OVEN BAKED FRIES
CAULIFLOWER
PARMESAN
FRUIT COCKTAIL
MILK CHOICE

18

LASAGNA ROLL
STUFFED ROLL UP
MARINARA SAUCE
GARLIC BREAD
GARDEN SALAD
FRESH APPLES
MILK CHOICE

19

PIZZARIA STYLE
SUPREME OR
BUFFALO CHICKEN
FRESH VEGGIE STICKS
RANCH DIP
ORANGE SMILES
MILK CHOICE

22

CHICKEN CLUB
CRISPY CHICKEN
BACON, LETTUCE
AND TOMATO
KAISER ROLL
POTATO SALAD
MIXED FRUIT
MILK CHOICE

23

TACO TUESDAY
MEAT(C) & CHEESE
LETTUCE & TOMATO
BLACK BEANS
BROWN RICE
CINNAMON
APPLESAUCE
MILK CHOICE

24

**BREAKFAST
SANDWICH**
SAUSAGE(P), EGG
AND CHEESE
ON A GRAIN BISCUIT
HASHBROWN POTATO
ORANGE SLICES
MILK CHOICE

25

LITTLE ITALY
MEATBALL (C) HERO
WITH OR WITHOUT
CHEESE
FRESH WHEAT ROLL
CAESAR SALAD
SLICED PEARS
MILK CHOICE

26

DOUBLE CHEESE
PIZZA WEDGE
STUFFED CRUST
GREEN BEANS
SALAD CUP
CHILLED PINEAPPLE
MILK CHOICE

29

**MEMORIAL
DAY**



30

MINI DAY
MINI CORN DOGS(T)
MINI POTATO TOTS
BABY CARROTS
APPLE SLICES
MILK CHOICE

31

TEX MEX PASTA
BAKED ROTINI
WITH CHICKEN,
BLACK BEANS
& CHEESE
CINNAMON APPLESauce
MILK CHOICE

31

**BEEF (B)
TURKEY (T)
PORK (P)
CHICKEN (C)**
OFFICE OF FOOD
AND NUTRITION
GERRI TIGER
SCHOOL LUNCH MGR
367-6970



**WEST SIDE & LLOYD HARBOR
6TH GRADE GET TOGETHER
AT
THE SPORTS HUB**

Join your future classmates for fun and games such as kickball, soccer, relay races, wiffleball....

Date: Sunday, May 7, 2017
Time: 5:00-7:00pm
Where: The Sports Hub 165 Eileen Way, Syosset
Cost: \$20.00

Pizza and drinks will be served.

Any questions please contact Rosemarie Kirchner at
rosiek5@mac.com

Please cut and return to school via backpack by April 21st. Attn:
Rosemarie Kirchner/6th grade get together

Childs Name(s): _____

Amount Enclosed: _____

Please make checks payable to LHS-PTG

Please return HUB waiver with this form

TKSLR LLC (Long Island Sports Hub)
Assumption of Risk – Waiver of Liability – Indemnification Agreement
Turf Fields, Courts, Ice Rink, & Gladiator Program Participants

The activities at, or sponsored by, **TKSLR LLC** (hereinafter referred to as “**LI Sports HUB**”) include ice hockey, figure/ice skating, curling, basketball, volleyball, badminton, pickleball, soccer, lacrosse, baseball, softball, football, dodgeball, kickball among other field games and turf activities, whether sponsored through LI Sports HUB, the Long Island Gladiators (the “Gladiators”) or any third-party renting time or space at LI Sports HUB (collectively referred to as “HUB Activities”). They offer the participant fun, competition, and wholesome recreation. Benefits include getting away from the TV, physical activity, and healthful social interaction. The required physical exertion is suitable for most levels of fitness and skill. While the many benefits of these activities are apparent, **LI Sports HUB and its staff regard participant safety as a top priority** and feel it is important that the participant (and parent/guardian) understand that there are risks inherent in the activity regardless of the care taken by **LI Sports HUB**. Some risks that are inherent in the activity and cannot be totally eliminated include tripping, slipping, falling, collisions between participants and/or coaches, and inadvertent contact (striking, hitting) with balls, pucks or other equipment. Other inherent risks include, but are not limited to unexpected equipment failure and/or errors in judgment by **LI Sports HUB** employees.

LI Sports HUB feels that it is important that the participant (and parent/guardian) understand that 3 types of injuries can occur. 1). Minor injuries are the most common and include, but are not limited to, muscle soreness, headaches, and bruises. 2). Serious injuries, while less common, do occur occasionally and include, but are not limited to broken bones, internal injuries and head injuries that may result in concussion. 3). Catastrophic injuries while rare are still remotely possible and can include paralysis and even death.

Assumption of Inherent Risks: I, the ADULT PARTICIPANT [OR MINOR PARTICIPANT AND PARENT(S) OR GUARDIAN(S)], (hereafter referred to as PARTICIPANT/PARENT) understand that all HUB Activities include inherent risks that cannot be totally eliminated regardless of the care taken by **LI Sports HUB**. PARTICIPANT/PARENT 1) know, 2) understand, and 3) appreciate the types of injuries inherent in HUB Activities. PARTICIPANT/PARENT hereby assert that PARTICIPANT/PARENT knowingly assume all inherent risks of those activity.

Waiver of Liability for Ordinary Negligence of LI Sports HUB: In consideration of permission to use the property, facilities, equipment, and services of **LI Sports HUB**, including off-site participation in Gladiator team activities, today and on all future dates, PARTICIPANT/PARENT, on behalf of [myself, my spouse, heirs, personal representatives, and assigns = *Releasing Parties*] do hereby waive, release, discharge and covenant not to sue **LI Sports HUB** [including, owners, directors, officers, employees, volunteers, independent contractors, agents and equipment suppliers = *Protected Parties*] from liability from any and all claims arising from the ordinary negligence of the *Protected Parties*.

This agreement applies to 1) personal injury (including death) from incidents or illnesses arising from participation in HUB Activities including, but not limited to: recreational, practice, or competitive activity; events; organized or individual training and conditioning activities; tests, classes, and instruction; observers or spectators; individual use of facilities, equipment, shower/locker room areas, and all premises including the associated sidewalks, parking lots, and in the case of Gladiators activities, off site facilities; and to 2) any and all claims resulting from the damage to, loss of, or theft of property.

Indemnification: PARTICIPANT/PARENT also agree to hold harmless, defend, and indemnify **LI Sports HUB** (that is, defend and pay any judgment and costs, including investigation costs, attorney’s fees, and related expenses) from any and all claims of *Releasing Parties* arising from participation in HUB Activities, (including those arising from the inherent risks of the activity or the ordinary negligence of *Protected Parties*). PARTICIPANT/PARENT further agree to hold harmless, defend, and indemnify **LI Sports HUB** against any and all claims of co-participants, rescuers, and others arising from the conduct of the participant in HUB Activities.

Clarifying Clauses: PARTICIPANT/PARENT confirm that: 1) this agreement supersedes any and all previous oral or written promises or agreements. I understand that this is the entire agreement between me and **LI Sports HUB** and cannot be modified or changed in any way by representations or statements by any agent or employee of; **LI Sports HUB**) 2) the foregoing Assumption of Risk, Waiver of Liability, and Indemnification Agreement is intended to be as broad and inclusive as is permitted by the laws of the State of New York and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect; and 3) if legal action is brought, the appropriate trial court for the County of Nassau in the State of New York has the sole and exclusive jurisdiction and that only the substantive laws of the State of New York shall apply.

Acknowledgment of Understanding: PARTICIPANT/PARENT have read and understand this Agreement. I understand that I am giving up substantial rights, including the right of the PARTICIPANT/PARENT to sue for damages in the event of death, injury or loss. I acknowledge that I am voluntarily signing the agreement, and intend my signature to be a complete release of all liability, including that due to ordinary negligence by the *Protected Parties*, to the greatest extent allowed by law of the State of New York.

Notices and Electronic Communications: You consent to receive notices and other communications from **TKSLR LLC (LI Sports HUB)** by: (i) posting notices on the website or (ii) sending you an email at the email address you provided to us. You can withdraw your consent by calling us at 516-364-4000, by sending an email to info@lisportshub.com or by using the unsubscribe link that is part of any communications you receive.

I hereby GRANT PERMISSION to **LI Sports HUB** and its employees, agents, representatives, affiliates & licensees, to PHTOGRAPH/RECORD MY IMAGES, LIKENESS, or DEPICTION and/or that of my minor children (if applicable). I hereby grant permission to the **LI Sports HUB** to edit such photographs/videos and waive any right to inspect the final photographs/video. I hereby consent to and permit photographs/videos of me and/or those of my minor children to be used by **LI Sports HUB** for any reasonable business purpose, including educational and advertisement purposes, and in any medium, including print and electronic. I understand that **LI Sports HUB** may use such photographs/videos with or without associating names thereto. I further waive any claim for compensation of any kind for **LI Sports HUB**’s use or publication of photographs/videos of me and/or those of my minor children (if applicable).

REFUND POLICY

- Refunds are only available before the start of the first session/class of the registered program
- There will be **NO REFUNDS** issued once a program begins
- Credits are available for medical reasons only (with doctor authorization)
- If medical authorization is approved, a credit for your remaining sessions will be put on your account
- The Long Island Sports Hub **DOES NOT** offer prorating for any of our programs
- Drop-in rates may be available for programs that have not yet reached maximum registration
- Drop-in rates will be available on a first-come-first-serve basis
- If a free trial is offered you are **NOT** guaranteed a spot for a program with a maximum registration
- Continuous program dates and times are subject to change
- *Inclement weather policies:* If the Long Island Sports Hub is closed due to inclement weather your rental or program will be rescheduled for a future date. If the Long Island Sports Hub remains open during inclement weather your rental or program will not be rescheduled if you are unable to attend.

Email: _____		Contact Phone # _____	
_____ Name of PARTICIPANT (Print)	_____ Signature of PARTICIPANT	_____ Date	
_____ Name of PARENT/GUARDIAN (Print)	_____ Signature of PARENT/GUARDIAN	_____ Date	

LHS School Store

Prices as of 1/25/17



Items/ Price

Grey Sweat Shirt \$30

Long Sleeve Shirts \$20

All Short Sleeve T-Shirts \$10

Draw String Bags \$5

CSH Knit Hats \$10

Stuffed LHS Lions \$8

Water Bottles \$4

LHS Wallets \$4

Fold Over Wallets \$1 On Sale

Folders \$2

LHS Flags \$2

LHS Pencils 50¢ or 3 for \$1

Smencils \$1.50

Gel Crayons \$1

Black Ink Smens \$2

Jumbo Smarkers \$2

Snowflake Pencils With Eraser Top \$1

Erasers 50¢

Pencil Top Erasers/ Mini Heart Erasers 2 for 25¢

Stickers 25¢

Clips 50¢

Stampers 50¢

Winter Rubber Ducks 50¢ On Sale

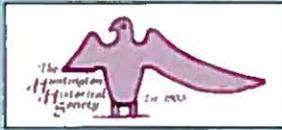
Valentine Big Band Bracelets \$1

Heart Mechanical Pencils \$1.25

Heart Eraser Toppers 75¢

Animal Print Erasers 75¢

Heart Shaped Maze Puzzle Necklaces \$1



Huntington Historical Society

Presents

Passport to the Past

summer camp program



Tending to the kitchen herb garden on the historic Kissam property.

2017 Registration is Open!

Time Travel takes on a whole new meaning! A unique summer camp designed to bring history to life!

Offering 1& 2 two-week, Monday through Friday, half-day summer camp sessions, 9 am to 12 noon for children ages 7 to 12.

Campers can wear colonial costumes, play old fashioned games, tour historical sites, handle various artifacts, and enjoy hands-on colonial-era activities including:

- Weaving, Candle Dipping
- Felting Wool, Maypole Celebration



REGISTRATION INFORMATION:

\$300 for Society members / \$400 for non-members.

\$180/one week -members \$240/one week non-members

Family Membership fee to join Huntington Historical Society \$60 (for a \$100 savings per child)

Session IJuly 10 to July 21

Session II.....July 24 to August 4

PASSPORT TO THE PAST -2017 REGISTRATION FORM

Refund policy: Tuition is refundable minus \$30 registration fee 30 days prior to session start date.

Parent's Name: _____ Camper's Name: _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Circle Session: Session I / Session II / Week: _____

Amex/ Mastercard/ Visa/ Discover Credit Card: _____

Exp. Date: _____ Security Code: _____

Make checks payable to: *Huntington Historical Society*

Mail to: 209 Main St., Huntington, NY 11743

Registration Fee: _____

(Optional \$60.00) Society Membership: _____

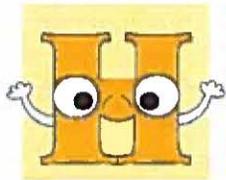
Total: _____

For information call 631 427-7045 ext 404.

The Huntington Historical Society is a private, non-profit organization.

The Heckscher Museum of Art

2 Prime Avenue, Huntington, NY 11743 | 631.351.3250 | Heckscher.org



HECKSCHER FAMILY HOUR Guided Tour & Activities

1:00 pm - 2:00 pm

Children ages 5 - 10 years

Sunday, May 21, 2017

Earth Muse: Art and the Environment

Sunday, September 17, 2017

Ebb & Flow: Seascape and Shoreline Views

Children and their families are invited to join museum educator Tami Wood for a family-friendly tour of the Museum's exhibitions. Experience the artwork through close looking, lively conversation, and hands-on gallery projects.

Registration is recommended. Space is limited.

Members and Children Free

Non-Members Museum Admission

\$5 activity fee per child



Images (Top to Bottom):

Tami Wood with students in the gallery. William Merritt Post, *A Bend in the River, n.d [detail]*. Heckscher Museum of Art; August Heckscher Collection. (On view in *Ebb & Flow: Seascape and Shoreline Views*)

The Heckscher
Museum of Art

UPCOMING AT THE HECKSCHER MUSEUM

97th ANNIVERSARY CELEBRATION

Weekend of July 8 & 9, 2017

Free Admission & Family Activities

Like & follow
[@heckschermuseum](https://www.instagram.com/heckschermuseum)



**For Kids & Teens! Programs from Cold Spring Harbor
Library's Youth Services Department. Registration Required!**

SAVE THE DATE!

**MOTHER'S DAY
FINGER-PLANT ART**

Monday, May 8 @ 11 am

FOR CHILDREN AGES 2-5 with Adult



MOTHER'S DAY WELLIE PLANTERS

Tuesday, May 9 @ 4:30 pm

**FOR CHILDREN IN
GRADES K-6**



**MOTHER'S DAY CARDS
FOR CHILDREN OF ALL AGES**

Friday, May 12 @ 3:30-4:30 pm



For more information about any Kids or Teen Programs, contact a Youth Services Librarian at

TEEN & IN BETWEEN

Cold Spring Harbor Library and
Environmental Center
95 Harbor Road
Cold Spring Harbor, NY 11724



**FOR PARENTS
AND STUDENTS**

**College Admissions:
Your Roadmap to Success!**
What 9th, 10th and 11th grade
students and parents
need to do now!



In this 1 1/2 hour session, students and parents will learn:

- The 5 KEY STEPS students must take to maximize their admissions and scholarship potential
- How to determine which colleges are TRULY BEST FOR YOU
- How to DIFFERENTIATE YOURSELF from all other applicants
- SAT/ACT – how to maximize your admissions possibilities
- How to get colleges to say YES!

Presented By: Michael Binder, MS, MBA
President and Founder, Your College Navigator, LLC
www.YourCollegeNavigator.com

THURSDAY, MAY 4, 2017 7:00-8:30 PM
Cold Spring Harbor Library
Call 631-692-6820 to register.

Some recent testimonials:

- "Great presentation, very informative, thoroughly enjoyable."
- "We thought we had the whole process under control. We learned things we never thought possible."
- "Amazing! I learned more in your 1 1/2 hour session than I did putting our other two daughters into college."



Michael Binder is one of the premier college consultants on Long Island, having successfully guided hundreds of students through the college planning and admissions process. Mr. Binder is a noted speaker and author on the college preparation, selection, admissions, financial aid and scholarship process. Over the past several years, Mr. Binder has been invited to speak at over 70 libraries, high schools, PTA's, Banks and CPA firms in Nassau and Suffolk counties. He has been published in numerous newspapers and internet blogs, and serves a regular columnist for international students and parents. Mr. Binder has been interviewed by numerous publications and TV programs, most recently by Newsday and "Money & ManStew". Various FCSI News.

Programs and Services from the Information Services Department

Sunset Photo Shoot
with John Spoltore
Tuesday, May 9 at 7pm



In this hands-on program, students will practice actual shooting techniques and experiment with adjustment settings to their cameras to obtain various image effects. An outdoor, sunset photo shoot is planned, weather permitting.

Please bring your camera and instruction manual and fully charge your camera batteries prior to class.

Limited to 10 students. Free and open to all.
Advance registration is required.

For more information about any Adult Program, contact Information Services
at the Cold Spring Harbor Library at 631-692-6820.

Make this a summer to remember!

Open your heart and home to a Fresh Air child...

The Fresh Air Fund, an independent, not-for-profit agency, has provided free summer experiences to more than 1.8 million New York City children from low-income communities since 1877. Children come to experience a cultural exchange with you and your family. Children on first time visits are between the ages of 7 and 12.

Hosts are needed in Suffolk County and the surrounding areas!

Host a child for JUST ONE WEEK

Buses come to Hicksville and Commack on

July 8-15 and July 29- August 5. and to Riverhead and East Hampton on July 12-19 and August 1-8

Other dates can be arranged!!!

For more information, please contact:

Jackie Shapiro at 516-702-1203 or

Jacqueline.shapiro@friendlytown.org



**COLD SPRING HARBOR HUNTINGTON
SOCCER CLUB AND EXCEL SOCCER
SUMMER CAMPS**

JULY 17-21, 2017 & AUGUST 7-11, 2017

**Half Day (9a-12pm)
\$165**

**Full Day (9am-4pm)
\$250**

**Boys and
Girls Ages
6-16**

Camp will be run by
professional licensed
trainers provided by Excel
Soccer and CSHHSC DOC
Dave McCarthy

****Multi-Camp Discount****

Register for both camps and
receive a \$25 discount on the
total cost

REGISTER TODAY AT:

cshhsc.sportssignup.com/site

Contact: Megan Strout : excelsoccer01@gmail.com

FULL TIME CAMPERS MUST BRING THEIR OWN LUNCH



Join us on May 13 for a 5k Family Fun Run in memory of long-time Smile Train supporter Joe Bertuccio.

Camusett State Park

8:00am — 10:30am

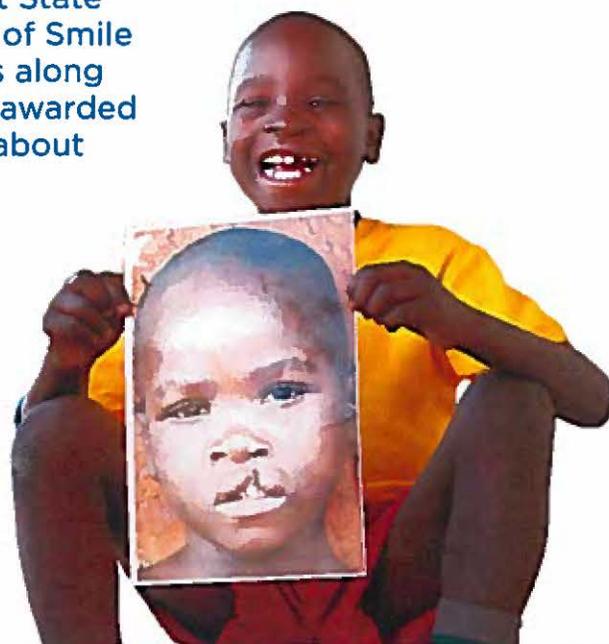
Event Information

Runners, walkers and families will gather in Camusett State Park on Long Island Sound to run or walk in support of Smile Train. Each participant will receive light refreshments along with a t-shirt and bag. After the event, prizes will be awarded by age group and there will be a short presentation about Smile Train.

Register Today

smiletrain5k.eventbrite.com

For more information about this race, including anticipated participation, media reach and coverage, please contact Bryan Klipsch at bklipsch@smiletrain.org



Lloyd Harbor/West Side Schools

(631) 367-8800 LHS / (516) 692-7900 WSS
Valerie R. Massimo, *Principal Lloyd Harbor School*
Kurt Simon, *Principal West Side School*

April 27, 2017

Dear Parents:

As school leaders, the safety, health and welfare of our students is our first priority. We are writing to alert you to a growing concern regarding the use of e-cigarettes and vaping devices. These two activities have become increasingly more popular for children in middle school and high school. Below you will find important information regarding these behaviors:

Some Basic Facts:

- E-cigarettes and vaping devices produce a vapor. Using them is called vaping.
- E-cigarettes and vaping devices use cartridges filled with a liquid that often contains nicotine, flavorings, and/or THC (the main psychoactive substance found in marijuana).
- Most e-cigarettes and vaping devices do not look like cigarettes at all. Many look like pens, highlighters, small flashlights or USB ports.
- These devices and liquids that are sold are currently unregulated by any government health or safety agency.
- Liquid vapors and e-cigarette paraphernalia are sold in local tobacco and vape shops and are readily available online.
- The liquid that is "vaped" does not necessarily have an odor and therefore may not be easily recognized for the substance it may contain.

Tips for Parents:

- Research shows that teens who have conversations with their parents and learn the risks of using drugs are 50% less likely to use them.
- Talk early and often. Health risks are being studied.
- Set clear expectations.
- Discuss rules and enforce reasonable consequences. Let them know they are illegal to possess under the age of 21 in NY. School prohibits any possession or use of vaping devices.
- Be vigilant! Vaping is discrete and allows for more covert use.
- Remember, you are the #1 influence in your child's life.

Some available resources:

- www.drugabuse.gov
- www.cdc.gov
- www.safekidsamerica.org

As always, our health educators, mental health staff and administrators welcome any questions or concerns you may have.

Sincerely,

Valerie Massimo, *LHS Principal*
Kurt Simon, *WSS Principal*